

Siddurim	1	2	29	30
L Lev Shalem for Shabbat and Festivals	3	4	5	6
S Shabbat and Festival Sim Shalom	10	11	12	13
W Weekday Sim Shalom	17	18	19	20
F Full Sim Shalom (both editions)	24	25	26	27
P Personal Edition of Full Sim Shalom	28	29	30	21

**Haftarah** יִשְׁעֵיָהוּ Yesha'yahu (Isaiah) 1:1–27°  
(3rd of 3 haftarot of rebuke preceding Tish'ah Be'av)

📖 The cantillation changes twice from haftarah melody to איכה melody and back, reflecting the content of the verses:

- verse 1 regular haftarah melody
- verses 2–15 איכה melody
- verses 16–19 regular haftarah melody
- verses 20–23 איכה melody
- verses 24–27 regular haftarah melody

📖 Recite אַב הַרְחָמִים Av harahamim <sup>L</sup>446 <sup>S</sup>151 <sup>F</sup>420 even if congregation usually omits.

**מִנְחָה**

**Torah** 3 aliyot from וְאֶתְחַנֵּן Va'et-hannan

דְּבָרִים Devarim (Deuteronomy) 3:23–4:8°

<sup>1</sup>3:23–25   <sup>2</sup>3:26–4:4   <sup>3</sup>4:5–8

<sup>W</sup>308 <sup>P</sup>927

Chanted also next Monday and Thursday.

📖 3:23–4:8 The reading ends with 4:8, which enables the correct configuration of the 3 aliyot.

~~✕ צִדְקַתְךָ צֶדֶק Tsidkat'kha tsedek~~

Although פִּרְקֵי אָבוֹת Pirkey Avot is commonly studied on Shabbat afternoon, do not study it on this Shabbat, the eve of Tish'ah Be'av.

**Tish'ah Be'av**

The 3-week period of mourning culminates in Tishah Be'av, the commemoration of the destruction of both the 1st and 2nd Temples in Jerusalem. Over the centuries, other catastrophes that befell the Jewish people also came to be associated with this day of mourning.

In contrast to the 4 minor fast days (see pp. 14, 90, 117, and 191), this fast, like Yom Kippur, lasts the full day. It begins immediately at sunset and ends after dark the next day. Some wait until 3 stars appear, or at least 25 minutes after sunset. Others wait longer. For the proper waiting time in your community, consult your rabbi.

**Se'udah Shelishit before Tish'ah Be'av**

- Eating meat and drinking wine are permitted.
- If three or more have eaten together, precede בְּרִכַּת הַמֶּזֶן *birkat hamazon* as usual with בְּרִכַּת זִמּוּן *birkat zimmun* (i.e., רַבּוֹתַי נִבְרַךְ *rabbotay nevarekh*).
- The meal must be completed before sunset.

תְּשׁוּעָה בְּאֵב  
Tish'ah Be'av

								1	2														29	30
	3	4	5	6	7	8	9			31	1	2	3	4	5	6								
	10	11	12	13	14	15	16				7	8	9	10	11	12	13							
	17	18	19	20	21	22	23				14	15	16	17	18	19	20							
	24	25	26	27	28	29	30				21	22	23	24	25	26	27							

**Siddurim**

- L Lev Shalem for Shabbat and Festivals
- S Shabbat and Festival Sim Shalom
- W Weekday Sim Shalom
- F Full Sim Shalom (both editions)
- P Personal Edition of Full Sim Shalom

### Tish'ah Be'av Prohibitions

Beginning at Arvit, wearing leather shoes is prohibited. The other prohibitions take effect at sunset.

The following prohibitions apply throughout Tish'ah Be'av:

- Eating and drinking
- Wearing leather shoes
- Sexual relations
- Bathing (except for minimal washing to remove dirt or after using the toilet)
- Applying skin or bath oils
- Studying Jewish religious texts

Exceptions are texts that support the mood of the day, such as מְגִלַּת אֵיכָה *megillat eykha* (Lamentations), אֵיּוֹב *iyov* (Job), certain other biblical texts, and rabbinic or other texts dealing with catastrophes in Jewish history.

- Greeting one another, especially with the word שְׁלוֹמִים *shalom*

### Procedures in the Synagogue

#### Creating the Tish'ah Be'av Mood

Most congregations remove the table cover, as well as the פְּרוֹכֵת *parokhet* (decorative ark curtain) if the ark has doors or if a plain curtain is available.

- In honor of Shabbat, delay removing the table cover and the פְּרוֹכֵת until after the Kaddish following the Amidah of Arvit.
- Sit like mourners—on the floor or on low seats—especially during the chanting of מְגִלַּת אֵיכָה and קִינוֹת *kinot* (liturgical lamentation poetry). See below.
- Keep lights low; candles or flashlights can provide just enough light for reading.

If it is ascertained (without causing embarrassment) that fewer than 6 are fasting, follow the procedures printed in gray and marked with ✦.

Most congregations restore the table cover and the פְּרוֹכֵת just before Minḥah.

#### Chanting Megillat Eykha

1. Sit on the floor or on low seats or benches.
2. Chant מְגִלַּת אֵיכָה.
3. When reader reaches the second-to-last verse:
  - a. Congregation chants the verse (5:21) with reader: . . . הֲשִׁיבֵנוּ *hashivenu* . . .
  - b. Reader concludes the final verse (5:22).
  - c. Congregation chants the previous verse (5:21) aloud.
  - d. Reader alone repeats the same verse (5:21).

#### Reciting Kinot

- Sit on the floor or on low seats or benches.
- Chant קִינוֹת using melodies suitable for liturgical lamentation poetry.

Siddurim		1	2		29	30								
L Lev Shalem for Shabbat and Festivals	3	4	5	6	7	8	9	31	1	2	3	4	5	6
S Shabbat and Festival Sim Shalom	10	11	12	13	14	15	16	7	8	9	10	11	12	13
W Weekday Sim Shalom	17	18	19	20	21	22	23	14	15	16	17	18	19	20
F Full Sim Shalom (both editions)	24	25	26	27	28	29	30	21	22	23	24	25	26	27
P Personal Edition of Full Sim Shalom														

## Av 10 אב

Sat 6 Aug (evening)

## תְּשֻׁעָה בְּאָב Tish'ah Be'av

9th of Av (full-day communal fast, begins Shabbat at sunset)

מוֹצָאֵי שַׁבָּת Motsa'ey Shabbat Conclusion of Shabbat

Wait until Shabbat ends.

Before עֲרִיבַת

For the sheliyah/sheliḥat tsibbur:

End your Shabbat by reciting: בְּרוּךְ הַמְבַדֵּיל בֵּין קֹדֶשׁ לְחַל: Barukh hamavdil beyn kodesh leḥol.

Remove leather shoes. If possible, avoid touching them until after the service. If you brought non-leather shoes to the synagogue before Shabbat, put them on.

Do not remove the table cloth or the פְּרֻכֶּת parokhet (decorative ark curtain) at this time.

עֲרִיבַת

For the sheliyah/sheliḥat tsibbur:

Begin Arvit with וְהוּא רַחוּם ve'hu raḥum. <sup>L</sup>264 <sup>S</sup>281 <sup>W</sup>137 <sup>F</sup>200

☞ Chant Arvit in a subdued voice, using melodies appropriate for the mournful mood.

☞ Pause before בְּרַכּוּ barekhu.

Before בְּרַכּוּ

For the congregation:

Remove leather shoes. If possible, avoid touching them until after the service. If you brought non-leather shoes to the synagogue before Shabbat, put them on.

Continue Saturday night Arvit as usual through the Amidah.

קַדִּישׁ שְׁלֵם Full Kaddish <sup>L</sup>280 <sup>S</sup>294 <sup>W</sup>160 <sup>F</sup>688

☞ Most congregations remove the table cover and the פְּרֻכֶּת parokhet.

See “Procedures in the Synagogue,” p. 200.

✕ הַבְּדִילָה Havdalah

☞ Upon seeing a flame (light a candle if necessary), recite only the בְּרַכָּה berakhah over a flame. (It is preferred not to recite the בְּרַכָּה over electric lights.)

+ Megillah reading:

Chant מְגִלַּת אֵיכָה Megillat Eykha and קִינוֹת kinot following the procedures in the blue box on p. 200.

				1	2					29	30		
3	4	5	6	7	8	9	31	1	2	3	4	5	6
10	11	12	13	14	15	16	7	8	9	10	11	12	13
17	18	19	20	21	22	23	14	15	16	17	18	19	20
24	25	26	27	28	29	30	21	22	23	24	25	26	27

- Siddurim**  
**L** Lev Shalem for Shabbat and Festivals  
**S** Shabbat and Festival Sim Shalom  
**W** Weekday Sim Shalom  
**F** Full Sim Shalom (both editions)  
**P** Personal Edition of Full Sim Shalom

~~X ויהי נעם V'hi no'am~~

~~X יושב בסתר עליון Yoshev b'seter elyon~~

☞ ~~ואתה קדוש Ve'attah kadosh~~ <sup>L216 S293 W159 F684</sup>

☞ ~~קדיש שלם Full Kaddish, but omit sentence:~~ <sup>L280 S294 W160 F688</sup>

~~X תתקבל Tikkabbal...~~

~~עלינו Aleynu~~ <sup>L281 S297 W163 F696</sup>

~~קדיש יתום Mourner's Kaddish~~ <sup>L282 S298 W164 F698</sup>

~~X הבדלה Havdalah~~

After **עֲרֻבַת עֶרְבִית**

☞ If you wore leather shoes:

Put on the shoes to return home.

Wear non-leather shoes for the remainder of the fast.

☞ Do not recite Kiddush Levanah before Monday night after Arvit.

Sun 7 Aug

**שַׁחֲרִית**

☞ Do not wear tallit or tefillin.

If you wear a טלית קטן tallit katan,

put it on, but do not recite the בְּרָכָה berakhah.

Weekday Shaḥarit <sup>W1 F2</sup>

☞ Chant the service in a subdued voice, using melodies appropriate for the mournful mood.

~~X Psalm for Sunday~~

**Silent weekday Amidah:**

Do not add עֲנֵנו Anenu.

**Repetition of the weekday Amidah:**

6 or more fasting + ~~עֲנֵנו Anenu~~, before ~~רְפָאנוּ Refa'enu~~ <sup>W38 F110</sup>

Fewer than 6 fasting ♦ Add ~~עֲנֵנו Anenu~~ in ~~שׁוֹמֵעַ תְּפִלָּה Shome'a tefillah~~.

Replace ~~תַּעֲנִיתֵנו ta'anitenu~~ (6th word) with

~~הַתַּעֲנִית הַזֶּה hata'anit hazeh~~. <sup>W38 F110</sup>

All minyanim ~~X בְּרַכַּת כֹּהֲנִים Birkat kohanim~~

~~X אָבִינוּ מַלְכֵנו Avinu mallenu~~

~~X תַּחֲנוּן Tah'anun~~

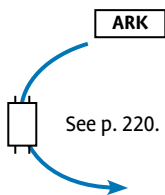
~~קְדִישׁ קָצֵי Short Kaddish~~ <sup>W64 F136</sup>

Fewer than 6 fasting ♦ Omit the entire Torah service.

Continue with קִינוֹת kinot.

Siddurim	1	2						29	30					
L Lev Shalem for Shabbat and Festivals	3	4	5	6	7	8	9	31	1	2	3	4	5	6
S Shabbat and Festival Sim Shalom	10	11	12	13	14	15	16	7	8	9	10	11	12	13
W Weekday Sim Shalom	17	18	19	20	21	22	23	14	15	16	17	18	19	20
F Full Sim Shalom (both editions)	24	25	26	27	28	29	30	21	22	23	24	25	26	27
P Personal Edition of Full Sim Shalom														

6 or more fasting + TORAH SERVICE <sup>W</sup><sub>65</sub> <sup>F</sup><sub>138</sub>



👉 Spread a טלית tallit as a temporary reading table cover.

Remove 1 scroll from ark.

**Torah** 3 aliyot from וְאֵתְחַנֵּן Va'et-hannan

דְּבָרִים Devarim (Deuteronomy) 4:25–40

<sup>1</sup>4:25–29   <sup>2</sup>30–35   <sup>M</sup>36–40

<sup>W</sup><sub>338</sub> <sup>P</sup><sub>973</sub>

קְדִישׁ Short Kaddish <sup>W</sup><sub>71</sub> <sup>F</sup><sub>146</sub>

Open, raise, display, and wrap scroll.

Recite the בְּרַכָּה berakhah before the haftarah. <sup>W</sup><sub>74</sub> <sup>F</sup><sub>410</sub> <sup>P</sup><sub>989</sub>

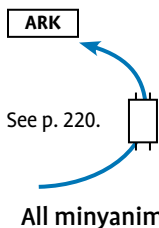
This בְּרַכָּה may be chanted using אֵיכָה melody.

**Haftarah** יִרְמְיָהוּ Yirmeyahu (Jeremiah) 8:13–9:23<sup>o</sup> <sup>W</sup><sub>339</sub> <sup>P</sup><sub>975</sub>

👉<sup>o</sup> This haftarah is chanted with אֵיכָה melody, except for the last two verses (9:22–23), which are chanted with the regular haftarah melody. (Some chant also the last verses with אֵיכָה melody.)

Recite the 3 concluding haftarah blessings, through מִגֵּן דָּוִד Magen david. <sup>W</sup><sub>74</sub> <sup>F</sup><sub>410</sub> <sup>P</sup><sub>989</sub>.

Return scroll to ark. <sup>W</sup><sub>76</sub> <sup>F</sup><sub>150</sub>



All minyanim

Sit on the floor or on low seats or benches.

Recite קִינוֹת kinot.

Some chant מְגִלַּת אֵיכָה Megillat Eykah, either at this point or at the end of the service.

Follow the procedures in the blue box on p. 200.

אֲשֶׁרֵי Ashrey <sup>W</sup><sub>78</sub> <sup>F</sup><sub>152</sub>

~~לְמַנְצִיחַ Lam-natse-ah (Psalm 20)~~

👉 וּבֹא לְצִיּוֹן Uva letsiyyon, but omit 2nd verse: <sup>W</sup><sub>80</sub> <sup>F</sup><sub>156</sub>

~~וְאֵנִי זֹאת בְּרִיתִי אֹתָם Va'ani zot beriti otam ...~~

👉 קְדִישׁ שְׁלֵם Full Kaddish, but omit sentence: <sup>W</sup><sub>82</sub> <sup>F</sup><sub>158</sub>

~~תִּתְקַבֵּל Titkabbal ...~~

עֲלֵינוּ Alevnu <sup>W</sup><sub>83</sub> <sup>F</sup><sub>160</sub>

~~Psalm for Sunday~~

מִוֶּדֶי יִתּוֹם Mourner's Kaddish <sup>W</sup><sub>84</sub> <sup>F</sup><sub>162</sub>

**מִנְחָה**

👉 Immediately before Minḥah, most congregations restore the table cover and the פָּרְכֵת parokhet.

תְּשֻׁעָה בְּאֵב  
Tish'ah Be'av

	1	2			29	30
3	4	5	6	7	8	9
31	1	2	3	4	5	6
10	11	12	13	14	15	16
7	8	9	10	11	12	13
17	18	19	20	21	22	23
14	15	16	17	18	19	20
24	25	26	27	28	29	30
21	22	23	24	25	26	27

- Siddurim**
- L** Lev Shalem for Shabbat and Festivals
  - S** Shabbat and Festival Sim Shalom
  - W** Weekday Sim Shalom
  - F** Full Sim Shalom (both editions)
  - P** Personal Edition of Full Sim Shalom

☞ Wear טלית tallit and תפלין tefillin, reciting the ברכות berakhot in the usual manner. **W**<sub>2-3</sub>**F**<sub>4</sub>

☞ Use regular weekday melodies throughout this service.

+ Psalm for Sunday (Psalm 24) **W**<sub>85</sub>**F**<sub>22</sub>

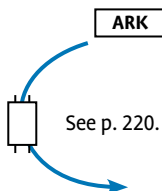
+ קדיש יתום Mourner's Kaddish **W**<sub>100</sub>**F**<sub>52</sub>

אשרי Ashrey **W**<sub>120</sub>**F**<sub>164</sub>

קדיש קציר Short Kaddish **W**<sub>121</sub>**F**<sub>166</sub>

Fewer than 6 fasting ♦ Omit the entire Torah service. Continue with the silent Amidah.

6 or more fasting + **TORAH SERVICE** **W**<sub>65</sub>**F**<sub>138</sub>



If the table cover was removed and has not yet been restored, spread a טלית tallit as a temporary table cover.

Remove 1 scroll from ark.

**Torah** 3 aliyot from כִּי תִשָּׂא Ki tissa

שְׁמוֹת Shemot (Exodus) 32:11-14, 34:1-10

<sup>1</sup>32:11-14° <sup>2</sup>34:1-3 <sup>M</sup>34:4-10°

**W**<sub>341</sub> **P**<sub>979</sub>

☞ At each of the 3 passages indicated below, follow this procedure:

1. The reader pauses before the indicated text.
2. The congregation recites the indicated text.
3. Afterward, the reader chants the indicated text in the manner of the cantillation of High Holiday Torah reading.

32:12 שׁוֹב מַחֲרוֹן אַפֶּךָ וְהִנָּחִים עַל־הָרָעָה לַעֲמֹךָ:

34:6-7 יי | יל אל רחום וחנון ארץ אפים ורבי־חסד ואמת: נצר חסד לאלפים נשא עון ופשע וחטאה ונקח

34:9 וסלחת לעוננו ולחטאתנו | ונחלתנו:

To preserve the sense of this passage, maintain the appropriate pause after the טפחא (ולחטאתנו).

☞ Do not recite קדיש קציר Short Kaddish after maftir aliyah.

Open, raise, display, and wrap scroll.

Recite the ברכה berakhah before the haftarah. **W**<sub>74</sub>**F**<sub>410</sub>**P**<sub>989</sub>

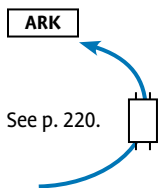
**Haftarah** ישעיהו Yesha'yahu (Isaiah) 55:6-56:8 **W**<sub>342</sub>**P**<sub>980</sub>

☞ Chant this haftarah using the regular haftarah melody.

Recite the 3 concluding haftarah blessings, through מגן דוד Magen david. **W**<sub>74</sub>**F**<sub>410</sub>**P**<sub>989</sub>.

Return scroll to ark. **W**<sub>76</sub>**F**<sub>150</sub>

קדיש קציר Short Kaddish **W**<sub>121</sub>**F**<sub>166</sub>



Siddurim	1	2	29	30
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P Personal Edition of Full Sim Shalom	28	29	30	31

All minyanim **Silent weekday Amidah:**

+ נָחַם Nahem <sup>W126 F176</sup>

If fasting + אָנֵנוּ Anenu, in שׁוֹמֵעַ תְּפִלָּה Shome-a tefillah <sup>W127 F178</sup>

All ✕ ~~שְׁלוֹם רַב Shalom rav~~

+ שִׁים שְׁלוֹם Sim shalom <sup>W131 F184</sup>

**Repetition of the weekday Amidah:**

6 or more fasting + אָנֵנוּ Anenu, before רְפָאֵנוּ Refa'enu <sup>W124 F172</sup>

All minyanim + נָחַם Nahem <sup>W126 F176</sup>

Fewer than 6 fasting ✦ Add אָנֵנוּ Anenu in שׁוֹמֵעַ תְּפִלָּה Shome-a tefillah.

Replace תַּעֲנִיתֵנוּ ta'anitenu (6th word) with

הַתַּעֲנִית הַזֶּה hata'anit hazeh. <sup>W127 F172</sup>

All minyanim + בִּרְכַת כֹּהֲנִים Birkat kohanim <sup>W131 F184</sup>

✕ ~~שְׁלוֹם רַב Shalom rav~~

+ שִׁים שְׁלוֹם Sim shalom <sup>W131 F184</sup>

✕ ~~אָבִינוּ מַלְכֵנוּ Avinu malkenu~~

✕ ~~תַּחֲנוּן Tahannun~~

📖 קַדִּישׁ שָׁלֵם Full Kaddish with תִּתְקַבֵּל Titkabbal <sup>W134 F194</sup>

עֲלֵינוּ Aleynu <sup>W135 F196</sup>

מִוֵּדָה מִוֵּדָה Mourner's Kaddish <sup>W136 F198</sup>

אָב 11 Av 11

Sun 7 Aug

עֲרִבְתָּ

If the table cover and פָּרוּכֵת parokhet have not yet been restored, restore them before beginning Arvit.

Weekday Arvit as usual <sup>L264 S281 W137 F200</sup>

+ **Havdalah (delayed from Saturday night)** <sup>S299 W165 F700</sup>

✕ ~~הִנֵּה אֵלֵינוּ שְׁטוּתֵי Hinneh el y'shtu'ati~~

+ בּוֹרֵא פְּרֵי הַגֶּפֶן Bo-re peri hagafen

✕ ~~בּוֹרֵא מִיַּיִן בְּשָׂמִים Bo-re miney vesaminim~~

✕ ~~בּוֹרֵא מֵאוֹרֵי הָאֵשׁ Bo-re me'orey ha'esh~~

+ הַמְבַדִּיל בֵּין קֹדֶשׁ לְחָלַל Hamavdil beyn kodesh lehol

📖 Do not recite Kiddush Levanah until Monday night after Arvit.

At home 📖 Do not eat meat or drink wine until morning.

אָב 12 Av 12

Mon 8 Aug (night)



After Arvit if the moon is visible:

קַדִּישׁ לְבָנָה Kiddush Levanah <sup>L286 W167 F704</sup>

For procedures and instructions, see p. 223.